



Center for Nonviolence

Inspiring Change. One person...One family...One world

Annual Report 2009



The Center for Nonviolence provides education, support and advocacy to end domestic and other forms of violence while modeling equality and power sharing.

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Fort Wayne, IN 46807
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www.centerfornv.org

Nonviolence:

“A lifestyle based on love, truth, and community.”

“Speaking up for the truth in ways that do not hurt or control others.”

A Lifestyle

First, it is important to remember that nonviolence is a lifestyle, not just a specific act.

Nonviolence is a lifestyle based upon love, truth and community. It involves speaking up for the truth in ways that do not harm others. Can you see that nonviolence is power, and to live a nonviolent life is to have true power? Violence is a form of power that keeps you looking over your shoulder in fear, or, worse, in the pretense that you are fearless. This hollows out your insides, leaving a void that you try to fill by extracting things from those around you. When they resist, you misinterpret this as disrespect. Nonviolence begins with taking responsibility for the level of personal power you have within you, and then building outward, in a generous, humble way, to contribute to those around you. Once you begin to master a life of nonviolence, it feeds your inner being. It protects you. It frees up energy that you can use to make life better still. No one is perfect. No one is perfectly nonviolent. Nonviolence is like the North Star. You face that way if you want to head north, and begin walking. The plan is to not *get to* the North Star. Just to keep moving northward, making progress, following a plan for healing, love, truth, abundance and sustainability. It can be so.

Start in your home. If you are tired of the way people treat each other in your home, begin to use your inner power, your mental toughness, to promote love and forgiveness. Stop telling yourself that they are intentionally trying to harm you, and remind yourself that they are just acting out of old patterns of learned behavior, and will change with a little encouragement. Refuse revenge for every wrong that is done to you. Teach your children to *initiate* acts of loving kindness, rather than waiting to react to some wrong.

Pick one small community action that you and your family can contribute to maybe once a week, or even once a month...Any one thing you do is trivial in the face of overwhelming odds. But each thing you do is one more strand of your being aligned with the principle of nonviolence, rather than violence.

Excerpt taken from John Beams' writings:

Workshop I:Nonviolence.

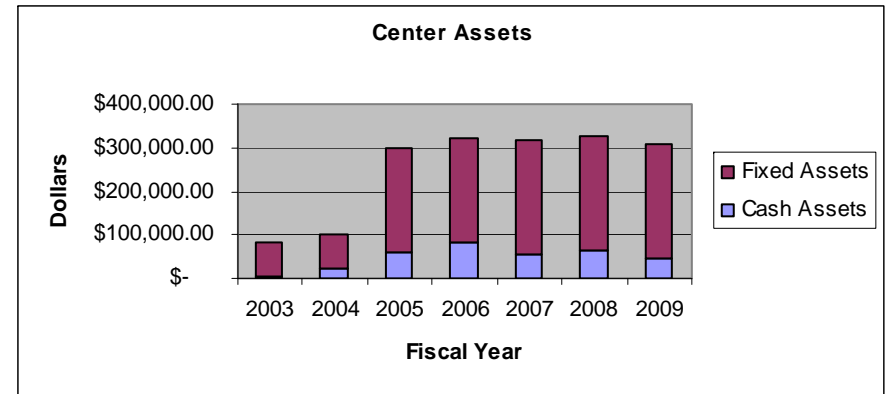
Inspiring Change. One person...One family...One World.

Staff Roster

Tony Acosta, Men's & Latino Programs
Marlene Arrivillaga, Youth Program
Beth Murphy Beams, Women's Program
John Beams, Men's Program
Josefina Cervantes, Youth & Women's Program
Pat Cornell, Women's Program
Ron Furniss, Men's Program
Ana Giusti, Women's Latina Program
Jose Hernandez, Latino Program
Corinne Holtzberg, Youth Program
Robin James, Men's Program
Maralee Martin, Women's Program
Sally Miller, Front Desk & Compliance
Jeff Morsches, Men's Program
Pat Mullins, Youth Program
Amy Okponobi, Front Desk
Tasha Sare, Youth Program
Gladys Suarez, Latina Women's Program
Margot Ullman, Youth Program
Dawn Witte, Finance & Development
Craig Young, Men's & Youth Programs



SUSTAINABILITY



Although the Center for Nonviolence was impacted by the tremendous economic climate of 2009, the above graph illustrates that, over time the Center remains a stable nonprofit that will be around for many years to come!

2009 Unaudited Financials

Income

Contract Services	\$ 2,803
Fees for Service	\$141,734
Foundation and Trusts	\$125,283
Gov't Grants	\$ 77,618
Individual Support	\$ 13,647
Misc./Other Income	\$ 10,784
Special Events/Misc	\$ 5,818
Trainings for Professional	\$ 7,267
United Way Support	\$ 27,192
Worship, Corporate, Club	\$ 7,435
	<u>\$419,581</u>

Expenses

Accounting, Legal, Professional	\$ 5,747
Bank Service Charges	\$ 1,255
Business Insurance	\$ 13,362
Dues, Subscriptions, Gifts	\$ 239
Misc./Other Expenses	\$ 400
Office Supplies	\$ 2,404
Postage & Delivery	\$ 2,271
Printing & Reproduction	\$ 7,645
Program Expense	\$ 3,719
Recruitment, Training	\$ 1,780
Repairs & Maintenance	\$ 3,449
S/W/B Program Staff	\$311,614
S/W/B Support Staff	\$ 64,474
S/W Contract labor	\$ 16,451
Security, Phone, Utilities	\$ 19,059
Special Events/Promo	\$ 1,968
	<u>\$455,837</u>

Interest income \$ 1,307
Net Ordinary Income \$ (34,949)

Capital income \$ 27,500
Capital Expenses \$ 4,859
Net Total Income \$ (12,308)

Coordinating Panel Roster

Laura Boyer
Nancy Cripe
Ann Frellick
Brindha Hariharan
Alan Hofer
Sherwin Kepes
Barbara Linden
Kim Miller
Susan Minke
Marcia Schaefer
Laurie Weier



*Foundation Support for the Center for Nonviolence
provided by...*

The Center for Nonviolence's focus in 2009 was on increased visibility and sustainability for the Center. We did this through creating comprehensive marketing materials, which allowed us to make professional presentations to current and potential referral sources; we held special events; and created new collaborations with other community organizations. Our hope is that this report reflects those efforts.

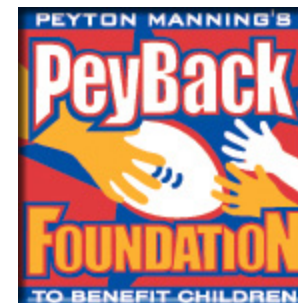


We are already beginning to see results, we have brought in dozens of new contacts and new referral sources to the Center. Out of these new contacts we have found new volunteers and new community awareness that we have every reason to believe will help inspire and sustain the Center for many years to come.

English, Bonter Mitchell Foundation
Aon Foundation
Wilson Foundation
Indiana Youth Services Assn.
Joel & Marilyn Salon Philanthropic Fund
Thurston Foundation
Ft. Wayne Health & Education Foundation
Plogsterth Foundation
Krouse Foundation
Bowker Foundation
Wilson Foundation
Dyer Family Foundation
Walmart Foundation



Target Foundation



In memory of Marcia Steigerwald

Margie Costis & Deb DeBord
Bostelman Insurance Service

In memory of Bill Bean

Kim & Cathy Miller

In memory of Ed Budek

Stan & Cheryl Criswell

In memory of Barbara Romero

Jim & Barbara Phillips

Business Support

Aqua Systems
Aunt Millie's Bakeries
The Bookmark
Casa Restaurant
Curves
Dulin, Ward & DeWald, Inc.
The Friendly Fox
Indiana Mexican Bakery
International Truck & Engine Corp.
Kroger/Scotts
Meijer
Mutual Kumquat
Neuhouser Nursery
One to One – Pamela Holt
One Resource Group, Corp.
Romary Financial Services
Rudisill McDonalds
Scientific & Regulatory
Consultants, Inc.
Southgate Pizza Hut
Van Wert Cinema
Wagner & Associates
Waynedale Pizza Hut
Wells Fargo
West State Pizza Hut

Worship Support

Beacon Heights Church of the
Brethren
Churubusco United Methodist Church
First Presbyterian Church
First Baptist Church
Open Door Chapel
Our Lady of Victory Missionary Sisters
St. Vincent DePaul Parish
Plymouth Congregational Church

VISIBILITY



The women of the Spanish-speaking support groups planned and carried out “Abriendo Puertas” or “Opening Doors” – the women made dishes from their native countries which they sold to the public while providing cultural dancing and music for entertainment.

Beacon Heights Church of the Brethren brought in a socially conscious music group, Mutual Kumquat, to hold a concert, with a free will offering to benefit the Center. The music and gathering was enjoyed by all who attended.



Held a showing of the award winning movie, “Pray the Devil Back to Hell” – about the women’s movement that precipitated the nonviolent overthrow of Liberia’s dictatorship followed by a discussion led by a Liberian woman.

MEN'S PROGRAM

John continues to work on the Inspire Grant writings.
*See excerpt.

Clients Served in 2009
Men Intervention Program—372

Outcomes in 2009

96% of male clients agree that they can apply the things they learned at the CFN in their own lives, with 73% strongly agreeing

97% of male clients agree that overall CFN has had a positive impact in their lives, with 71% strongly agreeing

97% of male clients agree that they were treated with respect by CFN staff, with 86% strongly agreeing

**Men's
Collective
Meeting**



“The program has exceeded my expectations”

“It’s a life altering experience. Everything we learn or recognize can be taken home and applied to everyday life. Also we can teach other people what we have learned. I don’t think anyone really wants to be here but can’t help not to feel wanted and changed.”

Chris Sperry & Karin Suskin
Jennifer & Paul Spoelhof
Matt & Janel Sprunger
Todd & Lisa Liechty Steele
Thomas & Linda Strupp
Barb Swartley & Wilma Harder
Diane Taub
Sara Lyn Thompson
Mag Timm
Linda Troop & Nancy Cripe
Joan Daley Uebelhoer
Rita Voors
Monica Wehrle & Harriet Miller
Herb & Laurie Weier
Marge White, Pauline Grutzius, & Margaret Hoffelder
Anne Woenker
Nancy Yeatter Sare
Betty & Lamar Yoder
Jim Zamora
Zoe Zefo
Ronald & Lois Zeitlow
Dan & Beth Zweig

In honor of Fort Wayne Friends Worship Group
Sean Carroll

In honor of Kim Miller
Cathy Miller
Brian Miller
James & Susan Berghoff

In honor of Chris Garrett
Hope Missionary Church

In honor of Ann & Fran Frellick
Marcia Frellick
Paul Frellick
Jackie Paskal

In honor of Barb Linden
Cheryl Linden

In honor of John Beams
Michael & Jo Ellen Rush
Charles Weinraub

In honor of Pat Cornell
Pamela Cornell-Allen

In honor of Sherwin Kepes
Norm & Ronnie Greenberg

In honor of Gail Milne
Margaret Milne

In honor of dedicated CfN Staff and Coordinating Panel
Rikki Goldstein

In memory of Rachel & Homer Kiracofe
Dave & Sandy Kiracofe

In memory of Mary & Don Brogan
Kate Brogan

In memory of Ralph Taylor
David & Faith Van Gilder

In memory of Michael Cline
Barbara & Cory Hart

In memory of Lael Raymer
Joan Daley Uebelhoer
Automotive & Industrial Supply Co. –
The Batress Family
Suzanne & Ned Lee
Ann Horn
Elaine & David Krider
Kathy Weiss

Thank you to all of our wonderful supporters!

Lyn Adams
Parks & Paula Adams
Denis & Mary Arnold Schwartz
Pat Ashton
Dr. Deepchand & Dr. Dolly Bajpai
Gervaise Bastian
Mark Beck
Dean & Reba Beery
Tom & Ruth Ann Bever
Thomas & Susan Blaising
Brendan & Staci Bougher
Kate Brogan & Bob Bayer
Deanna Brown & Brian Harley
Arthur, Phyllis & Brian Burns
Paul Burris
Tama-Lynn Burris
Mary Ann Cain
Connie Carman & Janet Naish
Joan Cassidy
Clark Co. Schools
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Margie Costis & Deb DeBord
Thomas & Maryjane Coursen
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Carol Durham
Dr. Matthew & Theresa Farber
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Jean Havens
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Sox Sperry & Lisa Tsetse

Ramona Jarboe
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Betsy Kachmar
Sherwin & Mikki Kepes
Bill & Ev Kilgore
Carla Kilgore
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Kimberly Koczan & Brian Flory
William & Judith Lee
Regina Leffers
Barb Linden
Marcia Linsky
Joe & Kathleen Long
Tony Loviscek
Jan & Dianne Lung
Louise Magoon
Christine Marshall
Rosemary & Ron Mausser
Ronda Mendenhall & Dennis Dix
Dr. Mohan Menon
Neil Meyer & Mary Berghoff
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Kim & Cathy Miller
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Eric & Elizabeth Nickeson
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Dr. Rita Padmore
Raymond & Betty Pippert
Kathy Pollock
Marna Renteria
Dr. Alan Richards
Ann Richards
Rick Robles
Joseph & Jane Ann Roehrig
Stephen Rothberg
Carol & Dick Schwartz
Daniel & Judith Smith
Dr. Darryl & Sharon Smith

“They do an excellent job at teaching and making you relate to others.”

Clients Served in 2009
Women Intervention Program—97
Mother’s Intervention Group—14
Women’s Support Groups—177

Outcomes in 2009

100% of female clients agree that they can apply the things they learned at the CFN in their own lives, with 73% strongly agreeing

100% of female clients agree that overall CFN has had a positive impact in their lives, with 73% strongly agreeing

100% of female clients agree that they were treated with respect by CFN staff, with 86% strongly agreeing

**Sin by
Silence
Follow-Up
Brunch**



“Thank you for the help. I’m one of the women you’ve helped. I stop and think about my actions before I react most of the time. Keep on the good work!”

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YOUTH PROGRAM

“I improved:
-the way I see life
-the way I view things
-the way I handle situations
-the way I act”

Clients Served in 2009
Youth Intervention Program—127
CNI School-Based Program—68
Youth Support—241

Outcomes in 2009

94% of youth clients agree that they can apply the things they learned at the CFN in their own lives, with 71% strongly agreeing

94% of youth clients agree that overall CFN has had a positive impact in their lives, with 76% strongly agreeing

100% of youth clients agree that they were treated with respect by CFN staff



Peace in the Streets Rally 2009

Student Comments from School Program

“Yes, I learned from the past and I will stop fighting. I’m going to be on the good track.”

“Yes, it was great!”

“It helped with my self-control”

“CfN is a great place to change your life around. This place makes you realize that violence is not worth it.”

VISIBILITY



Held our 3rd annual walk, Strength in Stride, to raise awareness for Domestic Violence. Walkers showed their strength on the 2-mile “Circle of Hope” which is part of our cities beautiful Rivergreenway trail.

Walkers were welcomed back to our Lawton Park starting point with drumming from the Three Rivers Jenbe Ensemble.



Held a showing of the movie, “Sin by Silence” – a documentary about women convicted of killing their abusive husbands and the movement they created from behind bars to call attention to and advocate for a world free from domestic violence, followed by a discussion led by the director and one of the women featured in the film.



Hosted an English Tea House as part of the Woodland – Williams holiday home tour to educate the public about the Center and its programs. We had return visitors so they must be enjoying the tea and cakes!!